



UPRIGHT 1.7M

SIGN  
600 HIGH

PUSH UP BAR  
400 HIGH

1500

1500

1500

SIGN  
600 HIGH

UPRIGHT 1.7M

4300

SHOULDER PRESS (FHOF 400)

SIGN  
1200 HIGH

BACK EXTENSION (FHOF 850)

1500

VSPF-0202

5800